



## Harvesting the Gifts of the Ancestors

On Winter Solstice

December 21, 6:30 p.m. - 8:30

The Neighborhood United Church of  
Christ

798 Washington Street, Bath

This a FREE event with a requested \$10 per  
person donation to benefit

**The Innkeeper Ministry**

**All are Welcome!**

*“Walking, I am listening to a deeper way. Suddenly all my ancestors are behind me. Be still they say. Watch and listen. You are the result of the love of thousands.”*

Linda Hogan (b. 1947, Native American writer)

Join us in celebration of Winter Solstice for an experiential activity led by Kat Beaudoin based on the work of Joanna Macy, Activist, Buddhist Scholar and Author of Active Hope and other works. This 2-hour time out during a busy time of year will open your heart as you acknowledge all who came before you! The program will involve a short introduction and instruction, a moving meditation and an opportunity for sharing insights about the experience. **We welcome all!**

Kat, who is a Maine native and seeker of spiritual truths, traveled the country last year during which time she had the blessed opportunity to study with Joanna, now 89, last January at an 8 day retreat in New Mexico. Kat returned to Maine in June, relocated to Gardiner and is facilitating mini-workshops based on Joanna’s “The Work That Reconnects”, which has inspired her since she first read Coming Back to Life in the early 90s.

